



BREAKFAST

Petit Déjeuner - available until 3pm

 Vegetarian  Vegan  Sustainable Seafood  GF Gluten Friendly

Café Crêpe Breakfast 13

2 any style free-run eggs, bacon or sausage, and choice of: Sugar Butter, Cinnamon Sugar, Lemon Sugar, or Organic Strawberry Jam Crêpe

Breakfast Français 11

Fresh croissant, French style yoghurt, fresh berries; served with Nutella and jam

2 Free-Run Eggs 11

2 any style free-run eggs with bacon or sausage; served with hash browns, and choice of English muffin or toast

French Toast Crêpe with Brie 12

Free-run egg, pure maple syrup, brie, fresh strawberries, cinnamon, and icing sugar

Classic Eggs Benedict 13

2 poached free-run eggs, English muffin, Canadian back bacon, house-made hollandaise sauce, and hash browns

Substitute BC smoked sockeye salmon 2

Omelette Basque 15

3 eggs with chorizo, shrimp, white cheddar, julienne peppers, and fried onions; with hash browns and choice of English muffin or toast

Omelette Barfleure 14

3 eggs with BC smoked sockeye salmon, avocado, cream cheese, tomatoes, and red onion; with hash browns and choice of English muffin or toast

Omelette aux 3 fromage 13

3 eggs with Swiss, white cheddar, brie, chives, with hash browns and choice of English muffin or toast

SIDES

Seasonal Fruit	5
Bacon/Sausage (2 pieces)	2
Free-Run Egg	2.5
Toast - Multigrain/White	2.5
Hash Browns	4
Croissant	4

MAINS

Principaux- available after 11am

SHARED PLATES

Avocado Hummus Dip 10

Avocado infused hummus, fresh French baguette; served with grape tomatoes

Baked Brie 11

Cast Iron baked brie, fresh French baguette, blackberry compote, walnut and sundried tomato chutney

Duck Rillettes 13

2 pieces of duck rillettes, served with fresh French baguette and house-made pickles.

Cauliflower Dip 10

Turmeric infused cauliflower dip, olive oil drizzle, fresh French baguette

Fromage Fort Baguette 11

Fresh French baguette, brie, Swiss, white cheddar; served with fig jam

Lamb Brochettes 14

3 slow roasted lamb brochettes; served with a mint salsa fresca and turmeric cayenne aioli

Additional brochette 4.5

CHARCUTERIE BOARD 16

(2 - 3 people)

Ask your server for today's selection of meats and cheeses; served with olives, seasonal condiments, and fresh French baguette

8 each additional person

SOUP & SALAD

Seasonal Soup 6

Made fresh in-house

Signature Salad 12 GF

Fresh berries, radish, red onion, shredded carrots, baby kale; served with honey balsamic vinaigrette

Iberian Superfood Salad 14 GF

Dill seasoned chick peas and carrots, quinoa, avocado, French lentils, blueberries, walnuts, flax seed, baby kale; sides of balsamic dressing, and orange olive oil dressing

Roasted Pear Radicchio Salad 13

Pancetta, crumbled blue cheese, roasted pear and radicchio, chopped walnuts, and mustard fig aioli

Niçoise Salad 15

Seared Tuna loin, boiled egg, yukon gold potatoes, French beans, black olives, capers, arugula, tomatoes and niçoise dressing

BURGER & BAGUETTES

Signature Burger 16

House-made patty, sliced white cheddar, mushrooms, bacon, tomato slice, red onion, arugula, mustard fig aioli, and Portuguese bun

Roquefort Burger 15

House-made patty, pancetta, caramelized onions, crumbled blue cheese, tomato slice, arugula, mustard fig aioli, and Portuguese bun

Portabella Mushroom Burger 14.5

Balsamic marinated portabella mushroom cap; with sundried tomato and walnut chutney, gruyere, arugula, and Portuguese bun

Ham & Cheese Baguette 10.5

Sliced Swiss, hand cut pork hip, dijon butter, arugula, and house-made pickle

Pan Bagnat 13

Seared Tuna loin, boiled egg, shaved red onion, arugula, olives, and niçoise dressing

Chicken, Brie & Pear Baguette 12

Chicken breast, brie, pear, dijon butter, and arugula

PASTAS

4 Cheese Cavatappi 14

Fontina, gruyere, white cheddar, grana padano with a parmesan cream

Lenticchie du Savoie 13

Linguine and French lentil lenticchie, red onion, garlic and chick peas, with tomatoes and white wine

Cavatappi de Cannes 15

Cavatappi, shrimp, olive oil, garlic, tomatoes, lemon juice, crushed chilli

Classic Chicken Strips 11.5

Breaded chicken tenders, house-made sauce; served with our classic French fries

SIDES

French Beans	5	Tuna	4.5	Salad	4
Sautéed Spinach	5	Shrimp	4.5	Cup of Soup	3.5
Fries	3	Lamb Brochette	4.5	Pancetta	4
		Duck Rillettes	4.5		