




# BREAKFAST

Petit Déjeuner - available until 3pm

 Vegetarian  Vegan  Sustainable Seafood  GF Gluten Friendly

## Café Crêpe Breakfast 13

2 any style free-run eggs, bacon or sausage, and choice of: Sugar Butter, Cinnamon Sugar, Lemon Sugar, or Organic Strawberry Jam Crêpe

## Breakfast Français 11

Fresh croissant, French style yoghurt, fresh berries; served with Nutella and jam

## 2 Free-Run Eggs 11

2 any style free-run eggs with bacon or sausage; served with hash browns, and choice of English muffin or toast

## French Toast Crêpe with Brie 12

Free-run egg, pure maple syrup, brie, fresh strawberries, cinnamon, and icing sugar

## Classic Eggs Benedict 13

2 poached free-run eggs, English muffin, Canadian back bacon, house-made hollandaise sauce, and hash browns

Substitute BC smoked sockeye salmon 2

## Omelette Basque 15

3 eggs with chorizo, shrimp, white cheddar, julienne peppers, and fried onions; with hash browns and choice of English muffin or toast

## Omelette Barfleur 14

3 eggs with BC smoked sockeye salmon, avocado, cream cheese, tomatoes, and red onion; with hash browns and choice of English muffin or toast

## Omelette aux 3 fromage 13

3 eggs with Swiss, white cheddar, brie, chives, with hash browns and choice of English muffin or toast

### SIDES

Seasonal Fruit .....	5
Bacon/Sausage (2 pieces) .....	2
Free-Run Egg .....	2.5
Toast - Multigrain/White .....	2.5
Hash Browns .....	4
Croissant .....	4

# MAINS

Principaux- available after 11am

## SHARED PLATES

### Avocado Hummus Dip 10

Avocado infused hummus, fresh French baguette; served with grape tomatoes

### Baked Brie 11

Cast Iron baked brie, fresh French baguette, blackberry compote, walnut and sundried tomato chutney

### Duck Rillettes 13

2 pieces of duck rillettes, served with fresh French baguette and house-made pickles.

### Cauliflower Dip 10

Turmeric infused cauliflower dip, olive oil drizzle, fresh French baguette

### Fromage Fort Baguette 11

Fresh French baguette, brie, Swiss, white cheddar; served with fig jam

### Lamb Brochettes 14

3 slow roasted lamb brochettes; served with a mint salsa fresca and turmeric cayenne aioli

Additional brochette 4.5

## CHARCUTERIE BOARD 16

(2 - 3 people)

Ask your server for today's selection of meats and cheeses; served with olives, seasonal condiments, and fresh French baguette  
8 each additional person

## SOUP & SALAD

### Seasonal Soup 6

Made fresh in-house

### Signature Salad 12 GF

Fresh berries, radish, red onion, shredded carrots, baby kale; served with honey balsamic vinaigrette

### Iberian Superfood Salad 14 GF

Dill seasoned chick peas and carrots, quinoa, avocado, French lentils, blueberries, walnuts, flax seed, baby kale; sides of balsamic dressing, and orange olive oil dressing

### Roasted Pear Radicchio Salad 13

Pancetta, crumbled blue cheese, roasted pear and radicchio, chopped walnuts, and mustard fig aioli

### Niçoise Salad 15

Seared Tuna loin, boiled egg, yukon gold potatoes, French beans, black olives, capers, arugula, tomatoes and niçoise dressing

## BURGER & BAGUETTES

### Signature Burger 16

House-made patty, sliced white cheddar, mushrooms, bacon, tomato slice, red onion, arugula, mustard fig aioli, and Portuguese bun

### Roquefort Burger 15

House-made patty, pancetta, caramelized onions, crumbled blue cheese, tomato slice, arugula, mustard fig aioli, and Portuguese bun

### Portabella Mushroom Burger 14.5

Balsamic marinated portabella mushroom cap; with sundried tomato and walnut chutney, gruyere, arugula, and Portuguese bun

### Ham & Cheese Baguette 10.5

Sliced Swiss, hand cut pork hip, dijon butter, arugula, and house-made pickle

### Pan Bagnat 13

Seared Tuna loin, boiled egg, shaved red onion, arugula, olives, and niçoise dressing

### Chicken, Brie & Pear Baguette 12

Chicken breast, brie, pear, dijon butter, and arugula

## PASTAS

### 4 Cheese Cavatappi 14

Fontina, gruyere, white cheddar, grana padano with a parmesan cream

### Lenticchie du Savoie 13

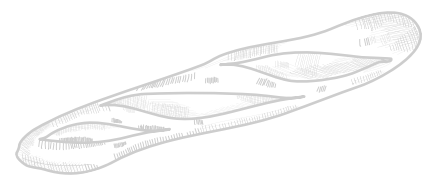
Linguine and French lentil lenticchie, red onion, garlic and chick peas, with tomatoes and white wine

### Cavatappi de Cannes 15

Cavatappi, shrimp, olive oil, garlic, tomatoes, lemon juice, crushed chilli

### Classic Chicken Strips 11.5

Breaded chicken tenders, house-made sauce; served with our classic French fries



### SIDES

French Beans .....	5	Tuna .....	4.5	Salad .....	4
Sautéed Spinach .....	5	Shrimp .....	4.5	Cup of Soup .....	3.5
Fries .....	3	Lamb Brochette .....	4.5	Pancetta .....	4
		Duck Rillettes .....	4.5		